



Houghton Valley School

Caring, Exploring and Inspiring Together

Ka Manaaki, Ka Rapu, Ka Whakamanawa tahi ai tātou

Newsletter

Thursday, 20th May 2021

Week 3 of Term 2

HVS Reminders

We ask that all students have their own water bottles at school please!

- **Fri 21st May** – 9:10am **PINK SHIRT DAY** & 10am HVS Cross Country
- **Mon 24th May** – Southern Zone Cross Country
- **Tues 25th May** – Home & School AGM 7:30pm
- **Fri 28th May** – 9:10am Assembly – Hui Rm 8,3,10

Kia ora te whanau o Haewai,

Parent App Communication

We are now using the Parent App for all communication. The overwhelming feedback we have received from whānau was that we use an app that delivers - all newsletters, students learning, notices and messages.




We have had a few teething issues with some of the messages - Cross Country is a good example of this. It came up but had no message. We have discussed this with the app designers and we hope we have fixed the issue.

We have also found that some people may have not received messages as they had logged out of the app - please can you check that you are logged in and have the notifications turned on. If you have any problems or questions please come to the office and we can help you.



HVS Cross Country

We were disappointed we had to postpone on Tuesday but parts of the track and forest were badly flooded. Our school cross country is now on Friday at 10.00am.

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	Parent Gut Buster Challenge
10.00	10.10	Boys 10.20	Boys 10.30	Boys 10.40	Boys 10.50	11.05ish 
		Girls 10:25	Girls 10:35	Girls 10:45	Girls 10:55	

Pink Shirt Day - Friday 21 May

On Friday we are supporting Pink shirt day. It is about highlighting anti-bullying strategies and supporting our students to be Upstanders. We will get together at 9.10am to sing some waiata, share some strategies, meet our peer mediators and celebrate being upstanders here at HVS.

Here at HVS we have been a PB4L school for 4 years. This is a Ministry of Education run initiative. We have been able to do professional development and this is on-going. That means we believe in corrective behaviour and not punitive. We celebrate and acknowledge the positives. We use 'tohu' as our class and school recognition for using the expected behaviour. We use a range of tools and strategies to support our learners based on individual needs and goals.

Tools and Strategies	
Circle Time	to discuss issues and behaviours, not isolating the person, group problem-solving
Zones of Regulation	support learners to understand how to be in their best learning space and what their triggers are
Restorative conversations	to resolve problems between different groups/individuals
Individual Behaviour Plans (IBP)	To support learners who need additional support to self-regulate
Data collection	To identify common behaviours. We use this to plan circle time sessions or an IBP for an individual, or to do some staff professional development

Bystander: a person who sees or knows a bullying incident is occurring to someone else.

Upstander: a person who uses words and actions that can help someone who is being bullied.

There are a range of helpful actions you can take if you feel safe enough to do so.

FIVE UPSTANDER ACTIONS:



Awhi/support the person experiencing bullying

- Awhi the person being bullied, even if you just stand beside them and let them know you've got their back.
- Encourage them to ask a kaiako/teacher for help or go with them to get help.
- Give them our [Getting Help and Advice](#) fact sheet.
- Let them know they're not alone!



Distract

- Interrupt the bullying in some way:
- Ask the person experiencing bullying if they want to go for a walk or do something else.
 - Help them to leave the situation they're in.



Call it!

- If you feel safe to, let the person/people doing the bullying know what they're doing isn't okay.
- Use your words to show aroha and kindness to those involved.
- Don't stand by and watch. It can be hard to speak up in the moment but it can make a huge difference.



Leave and act

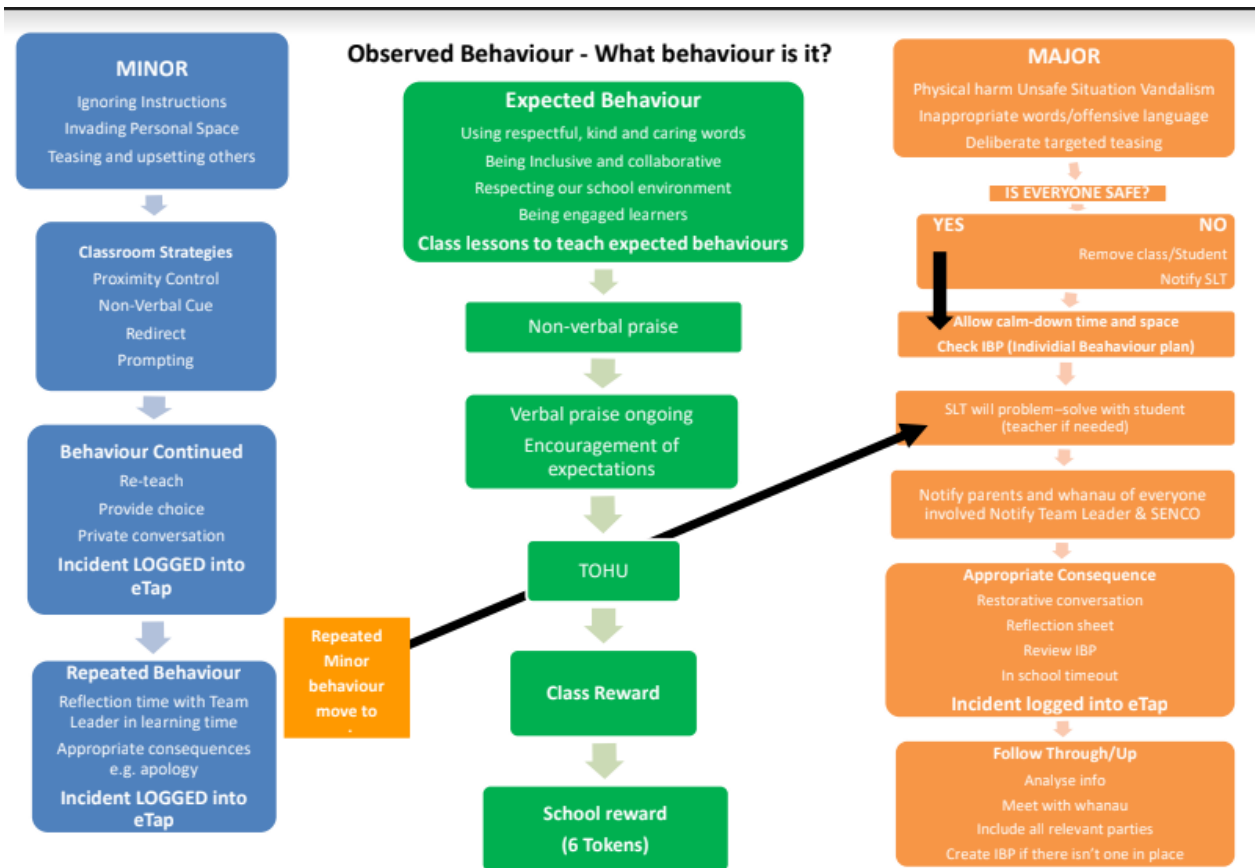
- If you don't feel safe to step in while the bullying is happening:
- Move away from the situation.
 - Later, let the person experiencing the bullying know you saw and ask what might help.
 - You might want to have a quiet word with the person doing the bullying.



Get some other help

- Support the person being bullied to get help from others – whānau, kaiako, a trusted adult or a helpline and then act on their advice.

Positive Behaviour for Learning - PB4L Chart of Behaviour at Houghton Valley School



No reira, kia kaha ra,
 Nga Mihi Nui,
 Luana Carroll

A BIG WELCOME IN HARAKEKE CLASS TO:

😊 **Esme Goodwill** 😊 **Finlay Searles-Wright**

HVS HOME AND SCHOOL ASSOCIATION

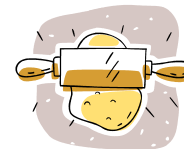
Community, Connection, Contribution

Home and School Association AGM - next Tuesday evening

Our AGM will be held on **Tuesday 25 May 2021, 7.30pm** in the school staffroom. This is an important event for the Association as it is where we elect the officers for the coming year. We would love to have another co-chair to join Kate (many hands make light work).

We need to have a quorum for this event, so it would be great to see as many people as possible. We'll also be talking about upcoming events for this year, including the wonderful Matariki event coming this term. The agenda and 2020 minutes have been sent out alongside this newsletter.

Looking forward to seeing you there.



Bake Sale Coordinators Needed

Our bake sales are fun events; they are a chance for everyone to stick around after school for a bit longer, a chance for the kids to get involved and an opportunity to raise some money for our school.

For these to be successful we need each one to have a lead coordinator. They don't take much organising; just someone there on the day to make sure everything runs smoothly, along with a few other adult helpers. We are hoping to have a bake sale in week 5; if your children are in **Karaka and Nikau** and you can help out, please let Megan know (homeandschoolsecretary@houghton.school.nz).

And if you would like to get involved with your class' bake sale later on this year, please also get in touch with Megan.

HVS SPORTS



Southern Zone Cross Country: We are hosting the Southern Zone Cross Country here at our very own Houghton Valley School grounds. The first 6 place getters in each gendered year group (year 4/5/6) will participate.

If your child has qualified, please feel free to come down and support them against other schools on Monday 24 May. Times are as follows:

TIME	RACE
10:00am	Athletes with Support
10:15am	Year 4 Girls
10:30am	Year 4 Boys
10:45am	Year 7 Girls
11:00am	Year 7 Boys
11:15am	Year 8 Girls
11:30am	Year 8 Boys
12:00pm	Year 5 Girls
12:15pm	Year 5 Boys
12:30pm	Year 6 Girls
12:45pm	Year 6 Boys

EGGS FOR SALE



We now have eggs for sale – every Friday cost \$8 for a dozen (cash only) please email laurens@houghton.school.nz in Room 10 Rimu class to place your order. Thanks

Term Two Events

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 3 17-21 May					Pink Shirt DAY 10am HVS Cross Country
Week 4 24 - 28 May	Southern Zone Cross Country Selected Year 4-6 Venue HVS	Home and School AGM Meeting - 7.30pm in staffroom All Parents Welcome			Te-hui-a-kura at 9.10am Ngaio, Nikau and Rimu
Week 5 31 - 4 June					
Week 6 7-11 June	Queen's Birthday	Staff Only Day - School Closed			Te-hui-a-kura at 9.10am Ti Kouka, Pohutukawa&Karaka
Week 7 14-18 June					
Week 8 21-25 June	BoT Meeting 7pm				Te-hui-a-kura at 9.10am Harakeke, Kowhai and Rata
Week 9 28-2 July	Matariki Creative Session 9.00-11.00am	Matariki Creative Session 9.00-11.00am	Open Afternoon to Whānau 2-2.55pm	Matariki Evening 5.30-7.00pm	
Week 10 5- 9 July		Performance Assembly 2.00-2.55pm	Mid Year Reports via Parent App		Last Day of Term 2 finish at 2:55pm

COMMUNITY NOTICES

Wellington Harriers – Children's Cross Country Our club days are Saturdays, we meet at Wellington Harrier Clubrooms on Alexandra Road Mount Victoria, at 2pm. New members are welcome, we have social and competitive memberships. We have Saturday club runs, mid-week training, club races and there's an interclub competition. We also assist with training for primary/intermediate age children competing in the school's cross country competition. Our coaches are qualified and Athletics NZ accredited For more information please contact: Julie Richards juliemaerdy@yahoo.co.uk 0212959026



Capital Trout Centre Open Day Sunday 30th May 2021 Children must have a licence to fish for trout and free licences/tickets are available from **Saturday 15th May 2021** at the following stores.: **Capital Fishing , 49 Ghuznee Street (off Cuba Mall)** The Centre is located behind the WCC Administration buildings on the way to the Wellington City Council Southern Landfill, on Landfill Road, Happy Valley, Wellington and is open to the public on specific days. Children do not have to bring any gear as Club members will assist children to catch a trout on fly fishing tackle. As the Centre is manned and maintained by volunteers we rely on donations to cover our expenses of purchasing the fish from the hatcheries, fish food and general maintenance. Your donations will be appreciated Contact: Strato 387 7878 (wk) 386 3740 (hm)

HVS Information

Houghton Valley School Ph: 939-3318 Website: www.houghton.school.nz Principal Email: principal@houghton.school.nz	HVS Facebook page https://www.facebook.com/houghton.school.nz/ School Office Email: admin@houghton.school.nz
Healthline or COVID-19 Info - 0800 611 116	
Bee Healthy Dental Clinic • 0800 825 583	Ezlunch.co.nz • Thursdays • Sushi • Fridays • Pita Pit go online www.ezlunch.co.nz before 9am to order.
Kelly Club After School Care - www.kellyclub.co.nz Cell 022 010 9981 email houghtonvalley@kellyclub.co.nz	