

# Emergency Food Kit 2022

In order to be well prepared for a major emergency and the possibility that children may need to remain at school for an extended period of time, every child at Houghton Valley School will need to have, at school, a parent-supplied emergency food kit. The food needs to be packed into a 2-litre square ice-cream container with a lid so that it can be stacked easily. If you are unable to obtain an ice cream container, please let the school office know. You need to label the kit with your child's name.

Your child's emergency food kit will need to be tailored to your child's dietary requirements.

Some examples of appropriate food (with an example kit pictured below):

- can of spaghetti/baked beans (or similar) with a tear tab (see picture to the right)
- muesli bars
- dried fruit (raisins, sultanas, apricots, dates, etc.)
- pretzels
- crackers or *Le Snak* cheese dip with crispbread
- nuts (unsalted)
- hard sweets (e.g. barley sugar)
- snack-sized canned goods, e.g. rice, fruit, chicken, tuna with a tear tab.



At the end of the school year, your child will bring their emergency food kit home for you to replenish and return to school at the beginning of the new school year.

**Your child's emergency food kit needs to be given to the classroom teacher by February 25**